

The Truth About Ulcers

A peptic ulcer is an open, painful wound that forms in the lining of the stomach or upper part of the small intestine. Up until recently, many people believed that food or stress caused these ulcerations. We now know that the main culprit is a tiny bacterium called Helicobacter pylori (*H. pylori*). The World Health Organization considers *H. pylori* to be a carcinogen and yet an estimated 8 to 10 million people are living with these infections.

Treatment

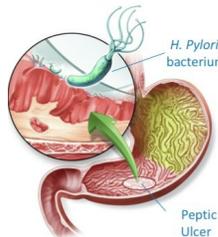
Recommendations

H. pylori infections are becoming more difficult to treat. As a result, new recommendations for treatment have recently been developed. The main differences are in strength of antibiotics used and length of time medication should be taken to eliminate the infection. This means that if you are diagnosed with a peptic ulcer, or *H. pylori* infection, you should **ask your doctor about the new recommendations.**

Download our infographic on *H. pylori* treatment recommendations

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Getting Relief from Painful Peptic Ulcers



Treating *H. pylori* infections

Helicobacter pylori (*H. pylori*) is a tiny bacterium that lives in the digestive tract. It can cause painful sores (ulcers) in the lining of the stomach or upper part of the small intestine.

H. pylori infections are becoming more difficult to treat. As a result, new recommendations for these infections were developed. The main differences are in strength of antibiotics used and length of time medication should be taken to cure the infection.

A comparison of the previous vs new treatment recommendations are below.

	Past Recommendations	New Recommendations
Strength	2 Combination of 2 antibiotics plus proton pump inhibitor	3 Combination of 3 antibiotics plus proton pump inhibitor
Length	10 The standard 10 days of treatment is becoming increasingly ineffective	14 14 days is now strongly recommended as the treatment time

Please note: The information contained in this infographic is not a substitute for medical care and advice of your physician. There may be variations in treatment that your physician may recommend based on individual facts and circumstances. Always consult with your physician when you have concerns about your health.



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Ask about new treatment recommendations today.

The content of this infographic was developed with info from Gastroenterology 2016; 151:51-69

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