



Eosinophilic Esophagitis FAQs

Eosinophilic esophagitis (EoE) is a chronic condition that affects the function of the esophagus.

It is common in all age groups with the highest affected ages of **5-14 years & 20-45 years.**¹

1

What can EoE feel like?

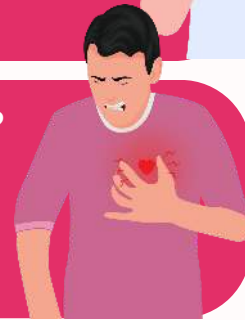
For children over 12 years of age, the most common presentation is difficulty swallowing. Recurrent and chronic (long term) dysphagia is commonly seen in this condition.



2

What are the other signs & symptoms?

- Sensation of reflux
- Chest pressure
- Painful swallowing when eating



3

What causes Eosinophilic Esophagitis?

Research into how one develops EoE is still being studied. It is believed to be triggered by abnormal type 2 immune response to food and likely aeroallergens.^{2,3}



4

How is Eosinophilic Esophagitis diagnosed?

Diagnosis requires the right clinical history and biopsies from a gastroscopy showing high eosinophil counts. The findings on biopsies can be related to other conditions like GERD, which is why it's important to be seen by a gastroenterologist.



5

Can EoE be cured?

Consistent and regular therapy reduces the risk of narrowing and inflammation in the esophagus. However, there is **NO CURE** for EoE.



6

Can Eosinophilic Esophagitis cause cancer?

At this time there are no publications that show a direct link between eosinophilic esophagitis and esophageal cancer.⁴



References:

1. Arias A, Lucendo AJ. Epidemiology and risk factors for eosinophilic esophagitis: lessons for clinicians. Expert Review of Gastroenterology and Hepatology. 2020
2. Straumann A, Bauer M, Fischer B, Blaser K, Simon HU. Idiopathic eosinophilic esophagitis is associated with a TH2-type allergic inflammatory response. J Allergy Clin Immunol. 2004
3. Hirano I, Furuta GT. Approaches and Challenges to Management of Pediatric and Adult Patients With Eosinophilic Esophagitis. Gastroenterology. 2020.
4. Syed A, Maradey-Romero C, Fass R. The relationship between eosinophilic esophagitis and esophageal cancer. Dis Esoph 2017; 30(7): 1-5.